

Why Rainbow Club should be included in an NDIS Plan



Rainbow Club is different to other swimming clubs

- Rainbow Club provides individualised swimming lessons for children with a disability
- Our teachers are qualified, passionate, dedicated and each Club is led by teachers who have an Access and Inclusion accreditation from AUSTSWIM
- Our Clubs provide a weekend activity involving social participation in the local area
- Our Swim the Rainbow program is specially designed to teach children with a disability using structure, reward and progressing in a social, fun and supportive aquatic environment

Individualised lessons

Rainbow Club provides individualised swimming lessons which are essential for children who:

- are petrified of the water
- have sensory/behavioural needs and require extra attention
- have behavioural issues and cannot be placed in a shared lesson
- have challenges processing instruction and cannot cope in mainstream lessons (they need a slowly, slowly approach)
- have physical disabilities and need the full attention of a teacher

Qualified teachers (Access and Inclusion)

Our qualified, dedicated swim teachers are led by teachers with Access and Inclusion qualification. They:

- build a rapport with each child which builds the child's confidence in the water
- work out what does/doesn't work with each child to achieve good outcomes
- follow our Swim the Rainbow program and use visual aids when needed to reinforce important goals and instructions

Our Swim the Rainbow program

Our unique Swim the Rainbow program has been specially designed:

- swimming goals are aligned to the seven colours of the Rainbow
- while working on the Red, Yellow, Orange and Green Goals, the lesson is structured around one teacher to one child (1:1)
- when a child has mastered these basic goals, the lesson is expanded to include more than one child, to introduce concepts such as taking turns, competing, winning

Rainbow Club advantages

- a child's confidence increases as the individual attention enables them to progress quicker and eventually participate in group lessons
- rapport between teacher and child grows and helps to eliminate either a fear of water or over confidence in their abilities around no water (no fear)
- provides a weekend, social and sporting activity in the local area where a child with a disability can participate – similar to their siblings without a disability

Rainbow Club costs

- Rainbow Club is a not for profit organisation and a registered charity
- each Club is run a by a volunteer committee of three parents, reducing costs
- we employ teachers with appropriate qualifications to provide individualised lessons (as opposed to normal swim schools where 4-6 children share a lesson)
- we run on weekends when wage rates are higher than for weekdays
- we hire pools in local communities and, unless donated, pay commercial rates for lane hire
- we support our teachers, with manuals, visual aids, inpool equipment, and professional development to ensure they are equipped and trained to provide the optimum service
- we have a friendly social calendar which includes: the annual Family Carnival where children represent their club, participate in a social activity, and have the chance to win medals; and the inclusive Murray Rose Malabar Magic Ocean Swim which children are invited to participate as part of the Magic Rainbows team (all funds raised support Rainbow Club)

