

Annual Review

Rainbow Club 2020/21



Our year

Our year started in a lockdown and unfortunately it ended the same way. However in between those two bookends, we did some great work and chalked up another very successful year for Rainbow Club. We opened new clubs, trained more teachers and engaged Occupational Therapists (OTs) to upskill our existing teachers. The 2021 Murray Rose Malabar Magic was a highlight in a year where ocean swims were few and far between.

With Carla Barnes leading the way, we launched a program in the Sutherland Shire for young adults with a disability called My Active. The attention to individual needs of the participants saw the program split into a squad session for those able to swim; an agua aerobics class for those who like the movement but have not learned to swim; and a movement and strengths class for those who like to increase their fitness and live an improved quality of life.

Our Board governed and supported the organisation throughout with prudence and with laser-like focus on our mission and purpose. New staff opened clubs outside the Greater Sydney area and our Orange and Southern Highlands Clubs became less isolated as our thinking became focused on Greater NSW. In May we opened five new clubs in one weekend and 150 more children joined Rainbow Club, learning to swim and increase their confidence in and around water. Rainbow Club keeps our children and young people healthy and socially connected.

A first for Rainbow Club occurred in May when we announced a partnership with Carlile Swimming. We have long admired their leading-edge swim schools and the quality of their teacher network. We are delighted to be working with them to have Rainbow Clubs operating out of their many Sydney based pools.

Alexandra Finley President Catriona Barry General Manager





Check out our 5 new clubs!

Search for 'Rainbow Club Australia' at YouTube.com





myrainbowclub.org.au

(f) rainbowclubaustralia

(©) rainbowclubaustralia RainbowClubAust

Rainbow Club Australia

(in) Rainbow Club Australia

Rainbow Club Australia

PO Box 432 Brighton Le Sands NSW 2216

Incorporated Association in NSW ABN 96 753 434 862

Registered NDIS Provider ID: 4-3LLM-647

Charitable Status: Rainbow Club is a not for profit organisation with tax exempt charity and deductible gift recipient status. Australian Taxation Office CFN 11011







Annual Review

Rainbow Club 2020/21

In this year's review:

Our year	2
Growing our network	3
We are active	4
A sunny Magic	5
Teachers with the edge	6
Focus on community	7
Our Clubs	8
Our strength	10
Member stories	11
Swim the Rainbow 2.0	12

Thank you to our photographers: Emma Baldwin, Karen Burgess, Mitch Karadonovski, Dara Munnis



Carlile Partnership Launch, May 2021

Pam Palmer, Lane Cove Mayor with Jack Heskett, Rainbow Club Open Weekend, June 2021

Growing our network



A Swimming Partnership

The partnership between Carlile Swimming and Rainbow Club was announced in May and is all about greater access to a wider range of facilities for children and families with a disability. Already Rainbow Clubs are operating at Cherrybrook, Lane Cove West and Five Dock and 150 children on the Rainbow Club waiting list will finally have an opportunity to learn to swim.

"We believe every child should learn to swim and are delighted to support the wonderful work of Rainbow Club. Swimming has so many benefits" said former Australian champion and Carlile Director, Richard Cahalan. Both organisations are looking forward to working closely to deliver improved outcomes for all young people with a disability.



myrainbowclub.org.au/ carlile-partnership/





Robyn Bayliss and Jarrod Anthony

Expanding into Regional NSW

Robyn Bayliss joined Rainbow Club to develop clubs across the Western Sydney Suburbs, the Blue Mountains and Central West. Holsworthy, Glenmore Park and Lithgow are fast becoming swimming clubs for children with a disability in those communities and we look forward to seeing them flourish further when we are out of lockdown.

Jarrod Anthony brought his energy and contacts to developing clubs in the Newcastle, Central Coast and Hunter Region and opened the Kurri Kurri Rainbow Club with a splash in February. Valentine and Toronto followed quickly and Rainbow Club is developing a strong reputation in the region for helping children with a disability get the individual attention they need to learn to swim.

Open Weekend at our Clubs

It was another first for Rainbow Club, when seven of our clubs opened the pool deck to welcome the many donors, grantors and supporters who fund our clubs. The inaugural open weekend was a great opportunity to see Rainbow Club up close and personally meet the committee volunteers and teachers who make the clubs so welcoming to their members every weekend.

According to Kristy Campbell from Ottomin who visited Maroubra Rainbow Club, "Ottomin love supporting Rainbow Club and it is so good to see it in action and meet the people who make it happen".

Rainbow Club Open Day with Kirsty Campbell, Ottomin and Beth Kurd, Maroubra Rainbow Club





We are active

Young Adults: Keeping Aqua Active

In February 2021 we were delighted to finally open the first My Active program in Caringbah. This program recognised that 18 is a particularly difficult age for many young people with a disability. As school and other regular "children's" services cease, Rainbow Club's My Active provides routine exercise and activity in the life of a young adult with a disability.

The program is focussed on individual goals and has now evolved into a unique series of activities that are put together by an exercise physiologist after assessing the individual.

MY ACTIVE



myrainbowclub.org.au/ my-active/







Thank you My Active Supporters





Survey Results

Our bi-annual survey of members in March took just seven minutes to complete and gave us some great insights into what is great about Rainbow Club and where we can improve.

We had a 38% response with some overwhelmingly positive results:

like Rainbow Club because of the dedication and passion of our teachers



want longer lessons



attend because of the personalised lessons

Thank you to all who completed our survey. It is great to receive the feedback.

Five New Clubs

The first week of Term 4 was surely the biggest in the long history of Rainbow Club. A huge effort went into opening five clubs over one week and as five new communities started to take shape. 150 children were moved from our waiting list and started to learn to swim and be safe in water. The first club to open was at Villawood on the Saturday, then Lithgow, Lane Cove West, Valentine and Five Dock opened on the Sunday to take the number of Rainbow Clubs to 35.



A sunny Magic

Murray Rose would have been very proud to see the huge numbers of ocean swimmers who descended on Malabar Beach on Sunday 21 February 2021.

It was 13 years ago when Murray Rose started the Malabar Magic Ocean Swim with co-founder Rob Lloyd – whose energy and enthusiasm ensures the legacy thrives. The sun was shining and Covid safe practices were in full swing.

A new addition to the event was a 5km swim starting at 8am which attracted 274 entrants. For the first time there was no on-the-day entry, so a record 1,900 registered online and were rewarded with a magic event that just gets better and better every year.

This is the major fundraiser for Rainbow Club and we are grateful to the corporate supporters that give us the confidence and encouragement to produce the event each year. It would not be the same without all the individual swimmers who turn up, raise funds, purchase merchandise and make it a most loved event on the Oceanswim calendar.

The Malabar Magic is held on the third Sunday of February each year



malabarmagicoceanswim.com.au





Thank you Malabar Magic Supporters



















Magic Rainbows shine

We were so proud of the Magic Rainbows in 2021. Four children with a disability were joined by six teachers and two volunteers in the 1km race. Not only was their swimming ability on show for the thousands on the beach to see, they did a terrific fundraising job.

Dean Taylor, Lead Teacher at Narellan Rainbow Club, swam the 1km at Malabar and then headed back to his club to make sure lessons were going Ok! Legend!

Ajay Denton from Newington Rainbow Club became a TV star when he finished the 1km accompanied by his cousin Kiera.

Patrick Bayliss was a great representative for Glenmore Park and Holsworthy. While he regularly volunteers in the pool, he enjoyed the water and the beach for a change.

Warringah Rainbow Club - never to be outdone, was represented by a team of teachers who travelled in style in a 13CABS Magic Carpet. Amelia, Zoe, Rebekah, Simone and Kylie swam the 1km and showed what great teamwork looks like at Rainbow Club.







Teachers with the edge

It takes special dedication, passion and commitment to be a Rainbow Club teacher. We are committed to giving our teachers the edge with training and support to help them myrainbowclub.org.au/ deliver a quality experience to all our members. MORE teachers/



Key Word Signing

Key Word Signing (KWS) is one of the most accepted strategies utilised by people of all ages who cannot communicate by speech alone. It is an important tool for Rainbow Club teachers and 40 teachers attended a 3 hour workshop delivered by Tanya Jarvis an experienced KWS trainer. Our teachers loved having this extra skill to take back to their clubs when they reopened for Term 1 in 2021.





Thinking Sensory

Occupational Therapists, Anna Castle-Burton and Kate Morris were contracted by Rainbow Club to assess how they could support our teachers and then deliver the necessary training. They set to the task with enthusiasm and quickly became dedicated to Rainbow Club and its mission.

In April 2021, Anna and Kate delivered face to face training to 50 teachers on Thinking Sensory. The training was a great hit and was followed up with visits to clubs to reinforce Thinking Sensory and support teachers in the pool. Thank you We look forward to seeing a lot

Jenour **Foundation**



Train to Teach

In the time between lockdowns. Rainbow Club ran two Train to Teach sessions with the support



and assistance of Swim Australia and Royal Life Saving NSW. 36 family and friends of Rainbow Club have received their training to be a swim teacher. We love seeing new teachers come through the Train to Teach program and start a new career as a swim teacher with Rainbow Club.



myrainbowclub.org.au/ train-to-teach/



In-Pool Volunteers

Young volunteers bring together their passion for swimming and helping children with a disability volunteer on weekends with Rainbow Club. They have become an integral part of our clubs, working alongside teachers, offering support, demonstrating skills and having fun. Parents and children love the joy and energy our volunteers bring to Rainbow Club.



myrainbowclub.org.au/ volunteering/

more of Anna and Kate.





Focus on community

Our volunteer Committees are empowered to run their clubs and provide a quality experience for all their members.

Each Rainbow Club is its own community and, at the same time, part of the bigger community at the pool at which it operates. Thank you to all the Councils, Schools, Leisure Organisations and Pool Owners who support Rainbow Club. We are also extremely grateful to many Licenced Clubs who, through ClubGrants NSW, are a

terrific support. Our local communities appreciate the support and the subsidies that your funding provides. It enables us to continue to provide the benefits of Rainbow Club to more children with a disability.

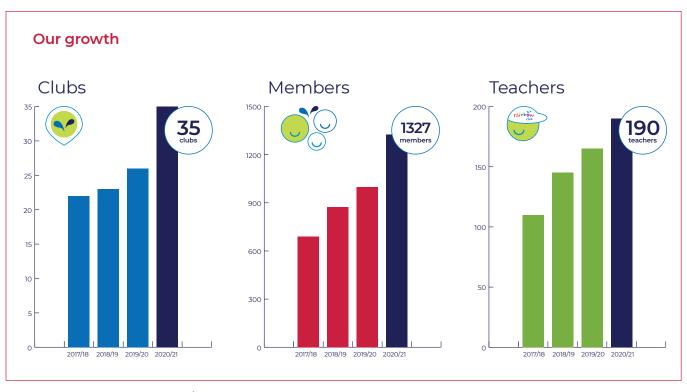


Thank you to our major Swim the Rainbow supporters











Our Clubs

as at 30 June 2021

Thank you to our Lead Teachers (LT), Club Committees (C) and supporters (\$)

Clubs at Special Schools Wairoa School LT: Peter O'Donnell C: Michael Lamb, Bondi Liz Harris, Gal Tal (NEW) Fernhill School Glenmore LT: Karen Parnell C: Frank Tuzcuoglu, Niki Patel, Karen Witherspoon Park Yandelora School LT: Dean Taylor C: Louie Casha, Narellan Leanne Kiaupa \$: Camden Council The Hills School LT: Anika Plumbolm C: Margaret Homsy, Northmead Valeria Churyumova **Kurambee School** LT: Cheryl Dorry C: Donna O'Brien, Penrith Jolanda Jarman, Vicki Corcoran **\$:** Penrith Panthers **Broderick Gillawarna School** LT: Jasmin Jungo C: Joyce Keramidas, Revesby Lauren Marler, Lisa Lofthouse \$: Club Rivers

Clubs at Carlilie Pools **Carlile Swimming** LT: Janet Willis C: Michelle Greening, Cherrybrook James Sherlock, Janet Wills \$: WPH Sports Club (NEW) **Carlile Swimming** LT: Madeline Stapleton C: Yujei Leong, Five Dock Maria Knezevic, Joanna Flemming NEW **Carlile Swimming** Lane Cove LT: Natasha Foley C: Nicole Li, Elaine Graham, Nikhil Yadav West Clubs at **Private Schools** Danebank Girls School Hurstville LT: Taylor Dawson C: Chuc Bui, Rachael Zhou, Douglas Cheah **Newington College** Newington LT: James Smith C: Steffi Paoletti, Stanmore Sharon Warner \$: Petersham RSL **Knox Grammar School** Wahroonga LT: Louise Colnan C: Shelly Woo \$: Knox Grammar School



The Ponds





LT: Lachlan McDougall C: Janey Valencia

Concepcion, Kevin Avares, Tawhai Duffy

The Ponds School





Temporary Club

Hornsby



Heather Lee

Lady Davidson Hospital

C: Risham Zaigham, Geetu Sandhu,



Clubs at Council Pools (NEW **Ruth Everuss Aquatic Centre** LT: Rylee Wood C: Nga Bui, Auburn Gus El-Dik, Gabriella Pagano **Angelo Anestis Aquatic Centre** LT: James Smith C: Melvin Baeha, Claudia Bexley Cabrera, Rashmi Chidanand \$: Ramsgate RSL, Commonwealth Bank **Eagle Vale Leisure Centre** LT: Bryanna Rixon C: Rajen Moodley Campbelltown Melinda Hasegawa \$: Campbellton City Council (NEW Kurri Kurri Aquatic Centre LT: Ellena Morris C: Jessie Tattersal, Kurri Kurri Miranda Sobol, Sharon Barrett **Bluefit Swimming** LT: Bee Bee Thong C: Daniela Whelan, Lane Cove Belinda James, Samantha Douthwaite \$: Bluefit Swimming JM Robson Aquatic Centre (NEW Lithgow Liverpool Dayna Rowe \$: Liverpool Catholic Club **Des Renford Aquatic Centre** Maroubra Beth Jurd, Sandra Pelletier



LT: Serina Karadonovski *My Active Young adults aqua fitness Starting Blocks Cronulla LT: Keely Moore, Lara Cabrelle Miranda C: Ernie Cirignano, Natalie Dillenbeck,

NEW Holsworthy Melinda Aylett, Miriam Ahmed

Jess Gregory **Holsworthy Aquatic Centre** LT: Amy Legeret C: Kylie Reynolds

Mt Pritchard

Ignite Health & Fitness LT: Ashley Roberts C: Angie Tang, Karen Touzell

\$: Mounties

Seven Hills

ASTA Seven Hills LT: Nicola Yee C: Kathryn Woods,

Nicola Yee

NEW Valentine

Valentine Hydrotherapy Pool LT: Judy Brown C: Emma Kerr,

Tasha Wells

\$: Belmont 16ft Sailing Club

Warriewood

Brooke Withers Swim School

LT: Janet Willis C: Damian McNally, Daniella Stegic, Heather Thomson













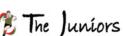
















Our strength

Thank you

Rainbow Club wouldn't be where it is today without all the people who collectively work behind the scenes to keep our members swimming and safe in the water and keep our operations running smoothly. With Covid-19 and lockdowns it hasn't been the easiest of years, so we genuinely appreciate everyone's efforts.

Thank you to the children with a disability who are our Rainbow Club members. To their families and our Club Committees, teachers, volunteers, fundraisers, partners and supporters - we thank you.

Financial result

Rainbow Club is very fortunate to have some great people working behind the scenes to keep our clubs safe, fun, financially stable and compliant with all regulations. Covid-19 has presented many challenges, but thanks to all who love our work, we have come through the year with a surplus. The full

audited financials are available online.



myrainbowclub.org.au/ REPORT annual-report/

Rainbow Club Financial Statement

1 July 2020 to 30 June 2021

Statement of Profit or Loss	2021 \$	2020 \$
Revenue from members	1,153,761	569,261
Government grants & subsidies income	575,050	511,966
Fundraising & events income	371,785	180,582
Grants & donations & other income	174,420	192,825
Service provision expenses	(1,799,519)	(1,253,021)
Technology expenses	(90,176)	(95,109)
Fundraising & event expenses	(45,175)	(55,424)
Staff training & development expenses	(47,182)	(72,974)
Other expenses	(150,126)	(153,940)
Surplus / (Deficit) for the year	142,838	(175,834)
Assats and Liabilities Statement	2021 \$	2020 \$

Assets and Liabilities Statement	2021 \$	2020 \$
Assets		
Total Current Assets	1,482,984	1,022,556
Total Non-Current Assets	50,577	104,096
Total Assets	1,533,561	1,126,652
Liabilities		
Total Current Liabilities	(561,220)	(318,075)
Total Non-Current Liabilities	(20,926)	0
Total Liabilities	(582,146)	(318,075)
Net Assets [Total Equity]	951,415	808,577

Rainbow Club Australia Incorporated ABN 96753 434862. This is a summary of audited statements to 30 June 2021. Accountants: SGB Partners, Chartered Accountants, Sydney Auditors: Thompsons Australia



Rob Lloyd OAM

Congratulations to our Board Member, Rob Lloyd who received an OAM in the Australia Day Honours List in recognition of his work with Rainbow Club.

Our people

Founders:

Ron Siddons (d.2017) MBE OAM, Lily Siddons

Patrons:

Mark Speakman SC MP. Louise Sauvage OAM

Ambassador: James Pittar

Life Members:

Gary Bradshaw (2006), Philip Holt OAM (2006), Malcolm Kerr AM (2006), Tony Williams (2006), Suzanne Stanton (2013), Margaret Taplin (2015), Rob Lloyd OAM (2018), Alexandra Finley (2019)

Alexandra Finley (President), Rob Lloyd OAM (Vice President), Ernie Cirignano, Dipen Dhruv, Steve Langan-Stark, Matt Levy OAM, Mark McCormack, Bob McCotter, Tracey Raso, John Taplin OAM

Board Observer: Jasmine Yang

Finance Committee (not on Board): Toula Panagiotou, Michael Scott

Catriona Barry (General Manager), Emma Baldwin (Events Officer), Carla Barnes (Program Manager), Robyn Bayliss (Western Development Coordinator), Jackie Cole (Aquatics Manager), Nicola Davies-Cooke (Swimming Officer), Natalie Dillenbeck (Support Coordinator), Eliza Kelleher (Accounts Officer), Juanita Mullane (Accounts Officer), Heather Nadilo (IT & Communications Manager), Sarah Simon (Accounts Officer), Min Strauss (Membership Manager), Michelle Tonge (Finance Manager), Nicola Yee (Relationship Manager)

Malabar Magic Committee:

Peter Appleyard, Catriona Barry, Ally Cox, Rob Lloyd, Mark McCormack, Neil McLennan, Eddie Moore, Anna Torok, Emily Woddington

Member stories



With over 1300 members, each of Rainbow Club's members has an original story to share. Here are a few from 2020/21:

Meet Jimmy and Jack

Jimmy (6) and Jack (10) are brothers and despite both being on the Autism Spectrum, they could not be more different. Mum (Rebecca) was delighted when Rainbow Club opened in Toronto Swim Centre near Newcastle in July 2020 when all of Greater Sydney was in lockdown.



Jimmy (6) had never received formal swimming lessons prior to Rainbow Club and Rebecca was worried that Jimmy's complex needs, separation anxiety and sensory challenges would prevent him from successfully engaging in his lessons. By the end of his first lesson and under the vigilant care of his teacher Talia, Jimmy was voluntarily submerging his entire self under water and having an absolute blast whilst doing it.

Jack (10) had been accessing seasonal swimming lessons and participating in the swimming programs run through his primary school. These provided him with basic water safety and swim skills, but it was becoming increasingly obvious that he required substantially more support in the pool than his peers and would benefit from a program that was more sensitive to his challenges. Kent is Jack's Rainbow Club teacher and he delivers the lessons with the sensitivity required to alleviate Jack's profound anxieties and gives him confidence in himself that extends beyond the pool.

Rebecca writes "Rainbow Club has afforded my children, with their own unique and diverse needs, the opportunity to participate in potentially life-saving lessons that they would otherwise not have access to. I am incredibly grateful to Rainbow Club and the staff who go above and beyond to make sure we are welcomed into the Rainbow Club community and receive a quality service each and every week".

Meet Raphael

Raphael Ong (12) joined the new Rainbow Club at Glenmore Park on Opening Day in February 2021. Raphael is diagnosed with Autism, Level 3, Sensory Processing Disorder and a Language Disorder and while he loved diving under water, he could not swim, he was not safe and he had challenging behaviours.



Initially Learning to Swim the Rainbow progressed slowly. Raphael's teacher worked through Red (Water Confidence) and Orange (Safety Basics) and her patient and consistent teaching and use of visual aids was a great help in getting Raphael to follow instructions more readily. Prior to lockdown of Glenmore Park Club due to Covid-19, Raph was learning to move forward through the water in a horizontal position with his head down.

Raphael's Mum, Virna writes "The Rainbow Club team are awesome. They worked with Raphael to make sure his confidence was balanced with safety in the water. Now he just keeps requesting to go swimming and we have a focus for our weekends. Thank you, Rainbow Club, you've been a blessing."



Abbey and Ian

When Abbey Faulkner joined Newington College Rainbow Club she started learning to swim with Ian Lovelace as her devoted teacher. In May this year, Abbey had the opportunity to thank Ian for his dedication when he received a long service award for his years of teaching at Rainbow Club. Abbey wrote a beautiful speech which she very eloquently delivered and Ian was overcome with emotion. Congratulations Abbey and Ian.







Swim the Rainbow is a unique program that personalises learning to swim for children with a disability. It provides social opportunities and recognises progress as a child moves through the colours of the rainbow. As they achieve their goals it supports them in the transition to squads and mainstream aqua activities.

Red

Water Confidence

- 1 Safe entry
- 2 Monkeys
- 3 Get face wet
- 4 Floating on back, assisted
- **5** Leg movement
- 6 Assisted fall-in-and-save technique (humpty dumpty)

Orange

1 Submerging face

Safety

Basics

- 2 Floating on front and back, assisted
- 3 Dog paddle, assisted
- 4 Treading water, assisted
- 5 Kicking with board

Resistance and Buoyancy

- 1 Takes instructions
- 2 Independent recovery and control
- 3 Floating on back, front and flip
- 4 Submerging and bubbles, assisted
- 5 Sculling, assisted
- 6 Confident vertical and horizontal

 $\c M$ The Lead Teacher decides when a child can safely transition to the next colour

Green

Towards Independence

1 Interaction with other children

- 2 Confident body control in and under water
- 3 Independent floating
- 4 Backstroke survival skills
- 5 Independent streamlines
- 6 Independent kicking Shared lessons are introduced

(session times may change)

- Transition to **Swim Strokes**
- 1 Sustained flutter kicking 5m (front and back)

Violet

Blue

- 2 Sustained streamlines 5m
- 3 Freestyle arms
- 4 Breaststroke arms
- 5 Backstroke arms
- SLearning becomes swim training as the children transition to Squads

Swim the Rainbow 2.0

WHAT'S NEW



Qualified Teachers

Specialised training and support for Swim the Rainbow Teachers

Occupational Therapists

Inform the program and support teachers with learning techniques



Visual Aids

Help children develop their skills and reach their goals

Certificates

To recognise progress and participation



Social Participation Play together sessions

and community events

Indigo

Introduction to Squads

Squads

Swim the Rainbow!

2 Dolphin kicking

4 Freestyle 25m+

5 Backstroke 25m+

6 Breaststroke 25m+

3 Butterfly 15m

1 Side stroke

- 1 Side breathing with arms
- 3 Freestyle 15m
- 5 Breaststroke 15m
- 6 Survival backstroke
- 2 Breaststroke kick
- 4 Backstroke 15m



Deductible aift recipient status





NDIS Reports available on request